

UBA DANDENONG Inc.

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SECOND QUARTER - 2016

PRESIDENT'S REPORT

Hello Everyone. Here is our last Newsletter for 2016. Welcome to all our new members this year, hoping you have made some new friends, been able to learn something new and enjoyed whatever classes you have joined. Our "Meet and Greet" meeting held in June 2016 was successful as 13 new members and 5 regular members attended with a round table discussion, where we were able to find a new Spanish Language Tutor. The class will be starting on 7th February 2017, Tuesday morning 10.00am till 11.45am at Latham Crescent. Once again we had over 50 members turned up for our October BBQ. Great weather but an icy wind, many thanks to Barbara Walker, Cooks...Neil and Gwen Matthews, Beryl Potter with others. Also to Rose and Gerry McDowell for cleaning up the BBQs.

A great time was had by all, do try and come to our next BBQ in March next year. Since the last newsletter our U3A website has been HACKED. So we have shut this one down and started a new one, which is up and running, many thanks to our new WEB Master David Nassau. Log-on and check it OUT for us. When you are there we have a link to U3A Dandenong Facebook Page. The venue for the Art & Craft Show and AGM which was held at Menzies Avenue Hall, North Dandenong this year was different, but we need more of our classes to show what they have been working on and display it. I wish more members and friends would come along to see what the other classes are doing.

Once again many Thanks to John de Blauw for his Painting and Ronna for her gifts as Door Prizes. The same venue will be used next September 2017. Our Line Dancing group were very busy in October Seniors Week at Fed. Square in the city on Sunday, Morwell on Monday and at the Dandenong Plaza on the Wednesday.

The Christmas Lunch will be at The Waltzing Matilda Hotel, Springvale on Monday 28th November 2016, 12 noon, cost \$20 pay on the Day, but please phone the office and have your name placed on the list, so we can have the total for catering. Hope to see you all there.

I would like to give a Big Thanks to our Committee, Tutors, Office Staff and Members for all their work this year. A Merry Christmas to you all and a Good New Year. Keep well and enjoy your break. Will look forward to seeing you all next year.

Jim Archibald- President





Local History Class at Latham Crescent Centre as follows; 2 pm.

Monday 6th February 2017

Ordish Family and Ordish Brickworks

Chris Keys

Monday 13th February 2017

Rawdon Hill Carmen Powell

Monday 20th February 2017

Springvale Youth Club

Jenny Ferguson

Monday 27th February 2017

Ross Family Chris Keys

Monday 6th March

2pm Latham Crescent

Australian Prime Ministers

Shirley Constantine



COOKING CLASS

Hello to you all, it's getting closer to our Christmas break, and I know I'm going to miss my friends in our cooking class, as we not only do cooking, we have a great deal of fun and laughter, which makes our mornings enjoyable. Over the break we will all meet and have lunch after Christmas, it keeps us in touch with each other. I do hope you all have a good break and a safe Christmas until we return in 2017.

Recipe for Roast Pumpkin Pasta Bake.

<u>Ingredients;</u>

1 jar of Coles classic stroganoff 500gm pasta 125gm parmesan cheese

450gm perfect bakes/cheese 4 spring onions 500gm shortcut bacon salt

500gm butternut pumpkin mixture of herbs (great for this dish)

Method:

Preheat oven to 180c, Cut pumpkin into small slices, put into baking dish

Add oil with lots of herbs mixture and salt

Put into oven, bake till brown, and take out to cool

Boil pasta until al-dente, drain and let cool.

Layer pumpkin into baking dish, then pasta, top it with jar of sauce together with spring onions, cheese, mix well and add more cheese on top.

Bake for 15 to 20 minutes or until brown. Enjoy

Phyllis Harrison (Tutor)



SENIORS WEEK AFTERNOON AT KARAOKE

A great afternoon was enjoyed by about 40 people, and the handcrafts made by Ronna and given away as door prizes were very well received. Tea, coffee and biscuits were provided and the guests were entertained by our group, most of whom were rehearsing their songs for the end of semester concert.

We were also pleased to welcome Carl who has moved here from Sydney and as well as singing some songs is now a new member of our group. Welcome Carl, we really needed another male singer in our group and you have fitted the bill perfectly. Thank you to Ronna for the handcrafts and the ladies who helped with the raffle tickets and afternoon tea. A very enjoyable and successful Seniors' day at karaoke.

ROB WOOD

KARAOKE GROUP NEWS

The karaoke group has had another great semester, welcoming some new members. Highlight of the term was our successful concert for Jessica which has been covered elsewhere in this newsletter.

Make sure you make a note of the date of our end of semester concert. These concerts are always popular and this one is no exception. Lots of songs from the 50's & 60's performed by our members with costumes and lighting. **Date is Friday November 25th main hall Paddy O'Donoghue Centre commencing from 1.00pm to 3.30pm**. Come along and enjoy the music. Over 2500 song selections from the 50's to the 80's. We are in our 5th year and going strong.

Some music history:

Top songs from 1968:

Hey Jude (Beatles) Sadie (Johnny Farnham) Love Is Blue (Paul Mauriat)

Little Arrows (Leapy Lee) Honey(Bobby Goldsboro) The Unicorn(Irish Rovers)

Macarthur Park(Richard Harris) Delilah(Tom Jones) Hello Goodbye(Beatles)

Angel Of The Morning(Merilee Rush)

Artists formed in 1968: Alice Cooper, Allman Brothers, The Aztecs, Chain, Crosby Stills and Nash, Deep Purple, Flying Circus, Free, Grand Funk Railroad, Led Zeppelin, Doug Parkinson in Focus, Slade, Sweet, Yes, Remember them?

ROB WOOD



KARAOKE GROUP END OF SEMESTER CONCERT

The end of semester concert by the Karaoke group will be held on Friday 25th November. These concerts are always popular so bring along your family and friends. Paddy O'Donoghue Centre Main Hall commencing at 1.00pm. Free Entry. Lots of your favourite hit parade songs from the 50's and 60's performed by our wonderful U3A Karaoke singers.

CONCERT FOR JESSICA

The concert for Jessica was a great success raising over \$1200 to help Jessica purchase a braille machine. Loads of thanks go to the U3A members who attended and to the ladies from the karaoke group who helped with the serving of Devonshire teas and hot and cold drinks. Thanks also to Freda's husband Bert, who looked after the sausage sizzle. The two bands Boomers' Jukebox and Crafty Ann played Rock 'n' Roll and Blues all afternoon and there were plenty of dancers on the floor.

The U3A Line Dancing group were well represented. Our President Jim, did well in the raffle draws, winning two prizes. It was also great to see some of the members from my Blues class at Waverley U3A attending. One of those ladies won a microwave oven and kindly donated it back to Jessica's family.

A big Thank You to all who attended and donated money, and purchased raffle tickets. You all went towards making the event an outstanding success. On behalf of Louise and myself, we cant thank you enough for your support. Also Thanks from Jessica and her family. A big Thanks also to the Scouts who provided the venue and the BBQ.

Rob Wood Karaoke Group

ANCIENT HISTORY

This is a very solid, although small class but the interest in the ancient world has been good ever since this class commenced in 2009. The areas covered have been all of Mesopotamia, starting with the city of UR and have included the Byzantine period up till the 4th Crusade and at the minute we are looking at the final fall of Constantinople to the advance of the Islamic mythology. Various individuals who have left their mark on history have also been part of the class. On the whole ancient history has been very popular with those that have attended and I look forward to continuing this adventure into the ancient world into 2017.

Richard Ryan (Tutor)

Wednesday line Dancing for Beginners.



Uniting Church Hall, Birch Avenue, North Dandenong.

10.00-12.pm ½ hour morning tea break included. Ever fancy creative writing but haven't tried that yet? Come along and exercise at the same time as your brain makes up a story about the dance.

Life throws all sorts of stuff at you so take a step back, poke out your tongue and say 'ha-ha-ha'. Take a big step to the side away from the situation and sit in your rocking chair. Make another big step and shuffle before getting into your canoe and paddling off in another direction. This is how I remember the dance "Limes". The words of the song say to throw all that 'stuff' into a blender and make a margarita, but we all know that you can't drown your sorrows — they only float and you eventually have to deal with them.

We learn the dance steps such as vine, shuffle, pivot, paddle and ball change. Steps such as these are danced in a sequence called a routine which is repeated only facing a different direction. We are all beginners so no need to be embarrassed when you are suddenly facing the wrong way. We just laugh and cry 'senior moment' especially when the teacher insists she has it right until the whole class call out "No, it's a scuff not a lock step." Melissa also corrects me when I need help.

A dance is taught by dividing it into segments and we go over those steps until 'we've got it' before moving on to the next part. A new dance takes one month to learn. For the remaining time we practise some of the 18 dances previously learnt to keep our brains functioning. Use it or lose it!

Lorraine Bishop and Melissa Braganza

SOCIAL STUDIES

The very cold winter affected the health of class members and attendances have been down this semester. However, "Spring has sprung" and we are all gradually getting back to normal. This semester we have studied the "Wide World of Sport" and "The Water of Life" and will finish the last weeks with a study of Canada.

I try to vary the subject matter as much as possible to cater to various interests. I greatly value the support of class members but it is always pleasing to have new faces and I hope next year to welcome anyone who would care to join our friendly group. May you and your families enjoy a happy Christmas and a 2017 that will be a year of good health and happiness.

AUDREY LENNON (Tutor)

IPAD/IPHONE WORKSHOP

This workshop is all about Apples (not oranges or lemons!) It is a basic workshop for new or not so new users, who want to tap into it and use it to full potential. It is always wise to bring a pen and a notebook, to jot down notes.

Androids are welcome, but please do remember, priority will be given to Apple users because more time is needed to work out Android functions. Once you have mastered the know-hows, it is easy-peasy!

It's a drop in workshop, so there is no pressure. Besides that, we all have fun as well. Remember: "Rome was not built in a day"! so you can take your time as long as I have enough patience, LOL!

Have a good break, if there is any problem, email me at ronnajhang@yahoo.com or better still, ask Mr. Google!

Ronna/Yvonne







DRAWING

We have had a couple of new members this year. Numbers have fluctuated during the year but we generally have 8-10 people each week, sometimes more if everyone turns up! We draw and paint a variety of work, from cartoon characters to sailing ships, in pencil, coloured pencils, watercolour pencils, textas, pastels etc. and some even just relax with a colouring book. We don't have a tutor but beginners are always welcome and people are happy to assist each other, so help is at hand! Thanks again to Ron for his support as class leader.

Lorice (Drawing class)

ONE OF OUR MEMBERS A PUBLISHED AUTHOR

A long-time member of our drawing class, Lisa Distanislao, has had her illustrated children's book of stories and poems published. A lot of her written material was done during her time in the creative writing group, and most of her coloured drawings have been done in our drawing class.

This is a lovely book for small children, full of quirky and whimsical tales and poems, some quite nostalgic, which us 'oldies' can also appreciate. It is available on-line at Amazon – "A Collection of Poems and Stories for My Grandchildren" by Elizabeth Cook. ISBN 978-0-646-95861-3.

Well done, Lisa!





EDITOR'S NOTE:

Hello Everybody! I am truly glad to be back doing this Semester 2 Newsletter, almost drove my family and friends crazy! I would like to say a big "Thank You" to John Collingwood for taking over last Semester 1 Newsletter when I was 'out of action'!

I hope all you wonderful students are enjoying your class or classes, learning new things, making new friends and having fun as well.

Really, if not for all the wonderful dedicated tutors, who not only gave their time, skills and some, out of pocket expenses, plus lots of patience as well, try to imagine your days without U3A?

So, we should all be immensely grateful and have a huge respect for these tutors. It's a shame if tutors were not appreciated or someone tries to create troubles! This type of behaviour is frowned upon and totally unacceptable!

Life in U3A is all about learning, respect, friendship and having fun! So please be good! Well, enough said. Christmas is coming around the corner. Enjoy your holiday. Be kind and be safe. See you all back next year!

P/S; Anyone who is interested in doing U3A newsletter is welcome as I am vacating this position soon. I took it on as a personal challenge for myself and I now have other commitments demanding my time.

Cheerio *Ronna*

Report from the office of U3A

Hello from the office of U3A. Well, we are nearly at the end of the year; it's gone so fast. It has been very quiet in the office so we are still closing the office all day Wednesday and 1.00pm on Fridays.

I would like to wish all our volunteers a big thank you for manning the office, and hope you all have a Merry Christmas and we will see you back next year.

I would like to mention that Helen MacDonald, my assistant is leaving at Christmas, but I have a new assistant now, Heather Seymour who is learning how to do the name tags and the database on the computer. She is a great help, so thank you Heather.

Helen has been with us for about 11 years and will really be missed, she is going to be travelling with her husband who has now retired. Thank you Helen for all your help in the office.

Margaret Azzopardi (Office Manageress)



Dandenong Inc.TIMETABLE FOR 2017 (1st. Semester)

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DAY	TIME	SUBJECT	TUTOR	VENUE
Monday	9.00am - 9.45am	Exercise Class	Gerry McKellar	LCC
Monday	9.30am - 12.30pm	Cooking	Phyllis Harrison	POD Kitchen
Monday	9.30am - 11.30am	Genealogy	Margaret Watts	POD
Monday	10.00am - 12 noon	Line Dancing	Ann Thomson-Buhler	UCH
Monday	10.00am - 12 noon	Embroidery & Craft	Joan Wilson	LCC
Monday	10.00am - 12 noon	COMPUTERS – Powerpoint/Moviemaker	Alan Stevenson (start 10 th April)	POD
Monday	12 noon - 1.30pm	Medieval History	Anne Maslin	LCC
Monday	12 noon - 1.45pm	Italian Language Beginners	Ivan Gnocato	POD
Monday	1.30pm - 3.30pm	COMPUTERS - Intermediate	Clive Gould/Ronna Jhang	POD
Monday	2.00pm - 4.00pm	Monday Music	Ulrike Davies	POD
Monday	2.00pm - 4.00pm	Australian History	Shirley Constantine	LCC
Tuesday	9.30am - 11.45am	Spanish Language	Gloria Skalicka	LCC
Tuesday	9.30am - 11.45am	Current Affairs	Richard Ryan	DMH
Tuesday	10.00am - 12 noon	COMPUTERS - Beginners	Yvonne Toomey/Ronna Jhang	POD
Tuesday	12.30pm - 2.30pm	COMPUTERS - Workshop	Yvonne Toomey/Ronna Jhang	POD
Tuesday	12.00pm - 2.00pm	Mahjong	Audrey Goldburg	LCC
Tuesday	2.00pm - 4.00pm	Exploring Photography (Advanced)	Bill Cooney	POD
Tuesday	2.00pm - 4.00pm	Scrabble	David Pateman	LCC
Tuesday	2.30pm - 4.30pm	Ancient Civilisations	Richard Ryan	LCC
Wednesday	8.00am - 9.30am	Meditation	John Krakowiak	LCC
	8.30am - 11.30am	Easy Rider Cycling Group	Marge Angelucci	Tirhatuan Park
Wednesday		Walking Group	David Pateman	Ross Reserve
Wednesday	10.00am - 12 noon	Drawing	Ron Gurney	LCC
Wednesday		Line Dancing - Beginners only	Lorraine Bishop	UCH
Wednesday		COMPUTERS – Moviemaker/Powerpoint	Alan Stevenson (start 5 th April)	POD
Wednesday	12 noon - 2.00pm	Behavioural Science	Thelma Paul	LCC
Wednesday	2.00pm - 4.00pm	Effective Communication Course	Rikki Davies/Nellie	LCC
Thursday	9.00am - 9.45am	Exercise Class	Gerry McKellar	LCC
Thursday	9.30am - 11.30am	Gardening	Dick Raymond	KSC
Thursday	9.30am - 11.30am	Philosophy	David Pateman	POD
Thursday	11.00am - 12noon	Tai Chi	Lolita Briones	UCH
Thursday	12.15pm - 2.15pm	Oil Painting	Pat Stone	EHL
Thursday	12.30pm - 2.30pm	Knitting & Crochet	Lorraine Bishop/Margaret Sheffield	POD
Thursday	1.00pm - 3.00pm	COMPUTERS - iPad/iPhone Workshop	Ronna Jhang/Yvonne	POD
Thursday	2.00pm - 4.00pm	Social Studies	Audrey Lennon	DMH Main Hall
Friday	8.30am - 11.30am	Cycling Group	Bob Lee	Tirhatuan Park
Friday	9.30am - 11.30am	Water Colours	Beryl Potter	LCC
Friday	10.00am - 12 noon	Singing Group	June Crowley	POD
Friday	12.30pm - 3.30pm	Oil Painting	John de Blauw	POD
Friday	1.00pm - 3.30pm	Karaoke	Rob Wood	POD
Friday	2.00pm - 4.00pm	Parchment Craft	Angie Barnes {Sharing	LCC
Friday	2.00pm - 4.00pm	Patchwork Candlewicking and More	Self Help {Sharing	LCC

1^{st.} Semester: Mon 6^{th.} February – Fri 23^{rd.} June 2017

Key to Venues:

UCH - Uniting Church Hall, Birch Ave., Dandenong [Melway p90 - B1] POD - Paddy O'Donoghue Centre, 18 Buckley St., NoblePark [Melway p89 - E2] DNS - Dandenong North Senior Citizens' Club, Latham Cresc. [Melway p90 - C1/C2] LCC - Latham Cresc. Centre, Latham Cresc., Dandenong North [Melway p90 - C1/C2] DMH - Dandenong Memorial Hall, 10 Langhorne St., Dandenong [Melway p91A - E7/F7] EHL - Endeavour Hills Leisure Centre, R. McMahon Blvd, Endeavour Hills [Melway p91 - D5/E5] [Melway p89 - D9] KSC - Keysborough Senior Citizens, 352 Cheltenham Rd., Keysborough Tirhatuan Park - (Enter Kriegel Way) off Outlook Drive, Dandenong North [Melway p81 - F8]



CALENDAR OF EVENTS 2017

Monday 6th February Commencement of 1st Semester

Tuesday 14th March Tutors meeting and lunch

Wednesday 15th March U3A Picnic, Latham Crescent

Friday 23rd June End of 1st Semester

Monday 26th June U3A mid-year lunch

Monday 24th July Commencement of 2nd Semester

Tuesday 12th September Tutors meeting & lunch

Monday 18th September Annual General Meeting & 1 day Art & Craft Show

Wednesday 18th October U3A PICNIC, Latham Crescent

Friday 24th November End of 2nd Semester

Monday 27th November U3A Xmas lunch – venue to be advised

Management Committee meetings held on 2nd Tuesday of the month at 10am:

14th February 14th March 11th April 9th May 13th June

8th August 12th September 10th October 14th November 12th December

NEWSLETTER DEADLINE:

Thursday 15th June

Thursday 9th November



This has been quite a successful year with this class. Over the first semester we had a number of speakers from the political world and volunteers from other organizations who gave the class areas of interest and were open to questions. For the second semester I have arranged for speakers from semi government establishments and have been given contacts for consideration, whether for the final weeks of this semester or for the beginning of 2017.

On the whole the interest of the class had been fairly rock solid and we have seen others join in. The number is around 15, naturally with a drop when the committee meeting is on, for some of the class are on the committee. I have been happy with the activities for 2016 and hope that the interest continues into 2017

Richard Ryan (Tutor)

The Dandenong U3A Story

When I started teaching painting, we held our classes at Wallara. Yes, a long time ago, and in all these years I have never seen such friendships and enjoyment fade away.

The U3A is a group of people who enjoy life, who understand each other, who appreciate the fact that friends really do care about each other, and who value the regular contact with each other. The volunteers who do Office duties and go on Committees, and who work hours to keep U3A running smoothly, are often unseen and not appreciated, until some problem needs to be addressed. Dandenong U3A is truly amazing, and I hope it continues helping and encouraging Seniors for many more years.

Pat Stone - (Tutor) Endeavour Hills Oil Painting Class

THE ESSENCE

Through life each door opens reluctantly It is how we step through it and see what We want to see

In your life you love as you will However abundantly you choose For love is never still

The children you create are the sparkles
Glitter and gold
Your life can be remarkable whether young
Or growing old

Embracing is the essence, the essence
Some forever seek
Touching with great tenderness and
Knowing how to speak

Of love to loved ones and loving one's own face
Which shows compassion and streams
Of tears and of living there are traces

Each door we step through offers
Darkness or light
And however we resist, we enter for
Our plight

Through it all we discover how remarkable
Life can be, for embracing is the essence
Doing it so abundantly

Extract from "Sandhills Vol 1" by Louise Wood. Copyright. Not to be printed or copied without Author's permission

Dandenong U3A Gardening Group

We commenced this semester with possibly our lowest numbers for some time and with holidays, illnesses and various other situations have at times been even lower. However, all the old reliables have turned up on a regular basis and continued to each discuss our own gardens and weekly activities. This strange spring weather we have had this year has had a dampening (pun intended) effect on everyone's efforts. Hopefully the recent encouraging change in the weather will inspire everyone to greater efforts. Unfortunately, for various reasons, we have not been able to organise any presentations from other organisations this semester, but hopefully this will be rectified in the New Year. If anyone can assist in this area could you please let me know?

We have visited the gardens of Erika and Miguel, Lucy and Diana and hopefully will have our end of year function at my home. Thank you all for sharing your gardens with us. We have been fortunate to have had our "Godfather" Ivan attend a couple of meetings and benefitted from his years of experience and knowledge. Several of us attended the open day at the Noble Park Community garden, which is Ivan's current baby. We would dearly love to have a few more members so any U3A members who would like to join us would be made most welcome. As explained in previous newsletters there is no level of Gardening knowledge or skills required and everyone is most welcome Thursday mornings at 9.30 at Keysborough Seniors Citizens, 352, Cheltenham Road, Keysborough.

Finally, I am pleased to report the "No Whingeing" rule is still operating beautifully and although I am constantly reminded by the non footy members that "this is a Gardening group", I must congratulate my mighty Western Bulldogs on the premiership. Woof Woof Go DOGS.

Dick Raymond.





A word from the exercise groups



What a great group of people who turn up rain, hail or shine —though not much of that recently and impatiently wait for the 9 o'clock start signalled by the music being turned on at full bore, the enthusiasm is infectious.

Rama and Suseela Vermula took all the exercise sheets to laminate for us, a total of 72! This was a great effort which means they look more professional and will last so much better than the plastic pockets. A big thank you. We do have a few spaces in both groups.

Gerry McKellar

Knitting Natters and Happy Hookers

Thursdays 12.30pm P.O.D.

<u>If you want to learn</u> to knit or crochet this is the class for you. Bring along a light coloured plain yarn in 8 ply, DK, or Sports Weight and 4mm knitting needles or 4mm hook with a flattened grip. Just turn up.

<u>If you already have skills but want to learn how to read patterns,</u> this is the class for you. Bring along your pattern, yarn, needles or hook. Just turn up.

If you don't need help but <u>need to keep up your social skills</u>, and make frieends of like-minded people then this is the class for you. We will all benefit from your talent and learn from each other.

Margaret Sheffield and Lorraine Bishop



Easy Rider Class – Wednesdays

With the amount of rain days of late we have been lucky to have missed only a couple of rides. The rainfall has caused flooded underpasses on some of our routes. One "fearless" rider has to check the depth of the water before we proceed. The alternative is to dodge the traffic when crossing a busy road.

Our meeting place varies from week to week to allow us access to more trails. We usually ride 30 kms each Wednesday morning with the all important coffee break about half way. Is this a case of the carrot and stick and the donkey???

During the quieter summer holidays period we will cycle some of the inner suburban bike paths as well as the Hastings to Somers path. As always we are looking out for more cyclists. Please contact myself or the office if you know of anyone who may be interested in joining us.

Marge Angelucci

PATCHWORK

It is with sadness that I write my last article for U3A newsletter. My husband and I are moving to Western Australia to live with our eldest son, so it would be hard to commute for my class! Over the last 13 years I have met some wonderful ladies and one lady is still with me from the start. Beautiful work has been done by all and they have contributed numerous quilts for charity, so it has been worthwhile to see our class grow and I hope it will be able to continue under a new tutor.

I wish my ladies a very happy Christmas and a safe and healthy 2017.

I will miss you guys.

Regards Ann Fuller

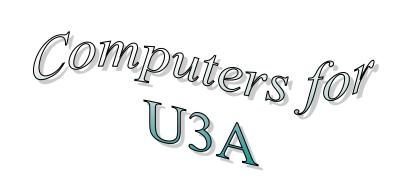
PATCHWORK - WANTED : A NEW TUTOR

We are looking for a replacement to lead our friendly group - they will be treasured - Can you help us?



MERRY CHRISTMAS





New Intermediate Course For U3A Members Using Microsoft Office



Create, format, save and print documents
Numbered lists, columns, headers and
footers, templates
Ebay, Internet Banking, pay bills online

Put your name down NOW! For February, 2017 start
