

U3A DANDENONG Inc.

Paddy O'Donoghue Centre, 18 Buckley St., Noble Park. 3174

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ABN 86 401 693 866

SECOND QUARTER – 2018



Margaret Azzopardi Office Manager for U3a Dandenong, for the last eight years, has announced her retirement. Thanks for a job well done and all the best for the future.

PRESIDENT'S REPORT

Acting-President `s Report

How time flies –The end of our 1st Semester 2018. Just to bring you up to date Rikki Davies has resigned from the President`s position and I have become the Acting-President till our U3A AGM, thus keeping our great U3A Dandenong alive and running.

As we are all VOLUNTEERS we must have Members to take over Committee Duties from time to time. I have always said every position has to have a backup including Tutors, I would like to stress if this doesn`t happen we will have to end U3A Dandenong.

My time is up at the AGM in September, so I would like some Volunteer member to come on-board. I will stay on the Committee to help and provide advice, but we will have to find a new PRESIDENT.

Now about Lexington Gardens Village Centre, we held a Meet & Greet for the residents in May. Richard Ryan will be running his Ancient Civilisation History Class there next 2nd Semester starting on Monday 23rd September at 10.00am till 12.00pm. A French Class has still to be arranged at the to printing. We have at least 15 names from our U3A wanting to join, subject to the day & time to be confirmed. Just to confirm some Dates of our U3A Events.

Monday 25th June, we have Mid-year Lunch at Sandown Park Hotel 12.00 pm Start. Tuesday 10th July Tutors meeting at 11.0am then Lunch. Monday 23rd July U3A starts again.

Monday 24th September ART & CRAFT SHOW and AGM this year to be held at Jan Wilson Community Centre, Halton Road, Noble Park North. Starting time 10.30 am closing 3.30 pm.

Jim Archibald



We need to have 20 members or friends to do a tour of Lexington Gardens Village Centre on Wednesday 4th July starting at 10.00am. It means a \$ incentive for Dandenong U3A + Morning Tea! Ring the office to book in.



Report from U3A Office

Hello everybody, it's the end of the Semester.

I would like to thank all the volunteers for all their help this year.

As I am resigning as Office Manager and leaving U3A in August, I want to say how much I have enjoyed my time here. It has been 8 years and I want to do new things.

Helen MacDonald is also leaving and I thank her for her support.

The office is going to be taken over by Heather Seymour and I wish her all the best.

It has been very busy this last month with all the membership re-enrolments and doing the nametags.

Thanks everybody

Margaret Azzopardi
(Office Manager)

To Margaret Azzopardi -

Wow, how the time has flown, where have the last 5 years gone, or 6, or 7 or even 8 – where have the last 8 years – where have the last 8 years gone?

Well that's when Margaret Azzopardi became U3A Office Manager. And what a manager she has been, one of the best we have had, always cheerful, mostly with a smile on her face, always ready for a friendly chat, always laughs at my jokes, always helpful and courteous when the phone rings; but most importantly always professional and knowledgeable in her work.

I remember in her early days, I had some U3A photos to download on the office computer. I walked into the office with my flash drive – “kicked the computer alive” and proceeded to put the flash drive into the slot and began to download. Margaret walked into the office and saw me on the computer – within minutes my ears were burning, my face was red, and my ego was in shatters, “What are you doing on the computer? How did you get in? What's that you are putting the flash drive etc. etc.” I thought, at that stage, the computer was for U3A people to use – after that, I certainly knew not to even think about using the computer again – I still shudder when I think about it.

But not only is Margaret very good at her job, but she has surrounded herself with excellent office staff as well – whenever I walk into the office I am always greeted with a smile.

Over/

The above I always find important to any new members as this is the **front line** for inquiries.

I, for one will be sorry to see her leave, as with Helen, her trusty offside who is leaving in August as well, but after eight years in a stressful volunteer job, she has certainly earned some time to herself.

Well done Margaret and to you Helen as well – and thank you.

From a very grateful,

Gary Chirgwin



Parchment Craft

Our class was very sad to farewell Angela Barnes on Friday, 25 May 2018, a week after she passed away following a valiant second battle with the dreaded cancer.

She had lived a life full of adventure. She was a teen when she travelled throughout the UK working in a circus with reptiles, before she married Tony in 1959. They immigrated to Australia in May 1969 on the "Fairstar". She worked in a variety of jobs: Factory work, bread delivery and taxi driver.

In her retirement her interests included ice skating, line dancing, genealogy and teaching Parchment Craft.

Her class will miss her greatly.

Zena, Angie's daughter, graciously donated all Angie's parchment tools, books, parchment paper and all sorts of embellishments which will be distributed to the class. Hundreds of Parchment patterns will be sorted and we will use for years to come. Thank you, Angie and Zena.

Hind Bruni

New Courses for 2nd Semester*

<u>Course</u>	<u>Location</u>	<u>When</u>	<u>Tutor</u>
Ancient Civilizations	Lexington Gardens	Monday	Richard Ryan
French Language	Lexington Gardens	TBA	TBA

*Also note activities under 'Extracurricular Activities'.



EPA THEME SONG:

(To the tune of 'Jingle Bells')

*We're here for EPA,
Let's start without delay,
Time to play and say,
Laughing all the way;
Feel the warmth of heart,
A happy way to start;
Sing out loud and sing out
clear,
So all the world can hear.
Hey! We all got up,
We've all shown up'
To be with friends today;
Socialising's energising,
When we're EPA;
Hey!
Problem-solving,
Fun evolving,
Games of skills to play;
So let's get started,
Be wholehearted,
Smiling all the way.*

At U3A we Experience and Embrace Positive Ageing

After singing our Theme Song, we reflect on a positive quote for the day. Discussion, about tips on coping well with the Ageing Process, usually ensues. 'Ageing' is simply another stage for new opportunities that we can embrace. We enjoy associating with like-minded people from whom we derive positive energy and strength. Within our EPA group, a positive rapport is very evident. As well as the above, we are challenged with brain-teasers and puzzles to keep our minds active, alert and flexible. We also participate in competitive group games and Square Dancing to improve our physical health and well- being. Various humorous activities, that evoke laughter, are included, as it has been clinically proven that laughter has a very positive effect on our health.

Nellie Roberts



Volunteers Wanted

President

Assistant Office Manager

Office Volunteers: urgently required – half a day per fortnight



The Genealogy Group

The Genealogy Group is a friendly group who share their skills and expertise with the others in the group.

We have a few newer members who are progressing well with their family research and how to present it. The ongoing members in the group revisit past research. They find missing pieces in the family history; build on their work; and, leave their history, stories and memories to future generations. I have included a story written by Christine Gaiardo wrote about two years ago. She shares her memories of her grandfather.

Margaret Watts

Walter Swift [1881-1965]



My paternal grandfather, Walter Swift, was a determined sort of man. He ran a poultry farm in Oak Street, Golden Square, Bendigo solely on his own. He was widowed a few years earlier. He had a couple of thousand chooks but he would never give you eggs if he could sell them. He would catch any stragglers at dusk that weren't on the perch with a wire hook. He also had a cow named Daisy who he milked every day until she escaped into a patch of onion weed. That would make the milk unpalatable.

He had a dog named 'Nigger' who would jump up to catch any chicken pellets or stale scones that were thrown his way. You always knew what my grandfather had been eating because all the empty tins were put on top of the picket fence. The new radio would be put on top of the old one in the living room. When my grandfather arrived home from the Senior Citizens Club (we lived with him for a while) 'Nigger' the dog would go into the living room at is heel, and give Mum a look, as much to say: "You can't put me out this time, my master is home." The living room was dotted with bottles made up of garlic and honey mixture on the mantelpiece for his colds and bronchitis. Between my grandfather's pipe with its pungent tobacco smell and the dog passing wind from all the chicken pellets he had eaten, I was glad to stay in the kitchen or my bedroom.

Bath night was Saturday night, in the olds tin bath. The water would come from the

Next page/

copper. In our house it was a combined laundry and bathroom. My mother would let my grandfather go first, but after all his swearing, on account of the water being too hot, he would make an excuse that 'He bathed out today, thank-you'. My grandfather, Walter Swift, died at the age of 83 years in Bendigo. He is buried in White Hills, Bendigo.

He is sadly missed by all

Christine Swift



Grandfather,
Walter Swift,
milking Daisy



Mah-jong

- Where: Latham Crescent Centre
- When: 12 – 2pm, on Tuesdays
- Who: All welcome from beginners to experts
- Bring: Just you, we've got the gear!
- Aims:
- * To keep your brain regenerating
 - * To learn an ancient pastime
 - * To enjoy yourself

Audrey Goldberg

U3A DANDENONG Inc
UNIVERSITY OF THE THIRD AGE



Annual Art & Craft Display

Come and see handicrafts,
knitting and embroidery

Admission is free

Open 10am - 4pm

Jan Wilson Centre

Halton Rd, North Dandenong 3175

NOTICE OF ANNUAL GENERAL MEETING

Members are invited to attend the twenty-fourth Annual General Meeting of the Association on

Monday, 24th September 2018 at 2.00 p.m.

at
**Jan Wilson Centre
Halton Rd, North Dandenong 3175
Melways map 80, K-10**

***Guest Speaker:
To be confirmed***

***who will speak on
'Ageing well'***

AGENDA

- Item 1 Welcome by Chairperson
- Item 2 Apologies
- Item 3 Minutes of twenty-third Annual General Meeting
- Item 4 Matters arising
- Item 5 Annual Report – President
- Item 6 Financial Report – Treasurer
- Item 7 Election of Auditor*
- Item 8 Election of Management Committee members *
- Item 9 General Business

Close of meeting
followed by

Guest Speaker

Light refreshments will be provided.

***Please support YOUR University of the Third Age
By attending this important meeting.***

24th ANNUAL GENERAL MEETING 2018

Notes on Election of Management Committee

The rules of the Association require that half (7) of the Management Committee stand down at the Annual General Meeting but are eligible for re-election. This rule applies only to those members elected at the Annual General Meeting and not those appointed by the Management Committee to replace members who have resigned. Those members appointed to replace elected members automatically stand down. This rotates from year to year so that all elected Committee Members would serve a maximum period of two years before seeking re-election.

Committee members elected at the last (23rd) AGM will continue for a further year (2019):
Ulrike Davies, Vivienne Fernandes, Henri Nicolas, Heather Seymour, Alan Stevenson, Barbara Walker and Beryl Potter.

This year, members who have completed their two year term and will be standing down are: **James Archibald, Margaret Azzopardi, Vera Bennett, Ronna Jhang, Shirley Constantine, Audrey Goldberg and Yvonne Toomey.** Those who have filled casual vacancies in the past year, will also stand down.

All are eligible for re-election.

There are seven (7) vacancies to be filled.

Forms of proposal are available in the office. If you wish to propose a member for the Management Committee, a form of proposal must be completed and returned to the Secretary (via the office) at least seven (7) days prior to the Annual General Meeting.

If **more than** the required number of Committee Members is submitted, a ballot will be held at the AGM.

If **exactly** the required number is submitted, then those members will be deemed to have been elected and no ballot will be held.

If **less than** the required numbers are submitted, the proposed members will be deemed to have been elected and further nominations will be taken from the floor. These nominations will be deemed to be elected on a "first come, first served" basis.

In the event that the required numbers are still not reached at the AGM, the remaining vacancies may be filled by appointment of the elected Management Committee. Committee positions are decided at the first meeting of the newly elected Management Committee.

Election of the Auditor will be carried out at the meeting where nominations may be made and seconded. If more than one person is nominated, a ballot will be held.

PLEASE NOTE THAT ONLY CURRENT FINANCIAL MEMBERS WILL BE ABLE TO TAKE PART IN ELECTIONS.



Knitting & Crocheting

"I've failed for 43 years!"

"Every year I've tried with various methods of learning to crochet – books and people and it hasn't worked."

"I am very patient, please try once more, I won't give up on you."

One year later. "Wow! I can do it. Look at my pram cover!"

This is the experience of one person of our Knitting & Crochet group which meet on Thursday afternoons at 12.30 pm in the Paddy O'Donohue Centre. This class is not only for beginners but experienced people who want to chat and/or share their knowledge.

If you want to learn to knit –

- Bring along one ball of 8 ply plain yarn (Sports weight or Worsted either wool or acrylic) in a light colour. It must not be a fancy yarn with bobbles, loops or long hairy bits.
- Also a pair of 4mm knitting needles (old measurement is size 8).

If you want to learn to crochet –

- Bring along two balls of yarn (as above) in different colours that will go together to make a scarf.
- 4mm crochet hook, the type which has a flattened grip, not completely cylindrical like a pencil.
- Display folder in which to put your printed instructions.

Margaret Sheffield and Lorraine Bishop



Editor's Note: This edition of the Dandenong U3A Newsletter has been emailed out to all members who have their email addresses registered at our office. All other members can receive a print copy through the usual channels i.e. from the office or from your tutor.

Alan Stevenson



DANDENONGINC

CALENDER OF EVENTS 2018

Monday	25 th June	U3A Mid-year lunch, Sandown Park Hotel
Tuesday	10 th July	Tutors Lunch, Sandown Park Hotel Meeting 11.00am then lunch
Monday	23 rd July	Commencement of 2 nd Semester
Tuesday	11 th September	Tutors Meeting
Monday	24 th September	AGM & 1 day Art & Craft Show Jan Wilson Centre Halton Rd, North Dandenong 3175
Wednesday	17 TH October	U3A Picnic, Latham Crescent
Friday	23 rd November	End of Second Semester
Monday	26 th November	U3A Xmas Lunch – venue to be advised

Management Committee meetings held on 2nd Tuesday of the month at 10.00am

13 th February	13 th March	10 th April	8 th May	12 th June
14 th August	11 th September	9 th October	13 th November	11 th December

Newsletter contributions deadline: Thursday 8th November

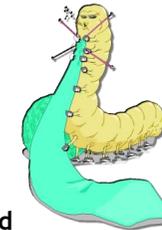
DAY	TIME	SUBJECT	TUTOR	VENUE
Monday	9.00am - 9.45am	Exercise Class	Gerry McKellar	LCC
Monday	9.30am - 12.30pm	Cooking	Phyllis Harrison	POD Kitchen
Monday	9.30am - 11.30am	Genealogy	Margaret Watts	POD
Monday	10.00am - 12 noon	Line Dancing	Ann Thomson-Buhler	UCH
Monday	10.00am - 12 noon	Embroidery & Craft (class full)	Joan Wilson	LCC
Monday	10.00am - 12 noon	Ancient Civilisations	Richard Ryan	LEX
Monday	10.00am - 12 noon	COMPUTERS – Powerpoint	Alan Stevenson	POD
Monday	12 noon - 1.30pm	Medieval History	Anne Maslin	LCC
Monday	12 noon - 1.45pm	Italian Language Beginners	Ivan Gnocato	POD
Monday	12 noon - 1.45pm	Italian Intermediate/Advanced	Rita Romano	POD
Monday	1.15pm - 3.15pm	COMPUTERS – Win10/Intermediate	Clive Gould/Ronna Jhang	POD
Monday	2.00pm - 4.00pm	Monday Music	Ulrike Davies	POD
Monday	2.00pm - 4.00pm	American Presidents	Shirley Constantine	LCC
Tuesday	10.00am - 11.45am	Spanish Language (class full)	Gloria Skalicka	LCC
Tuesday	9.30am - 11.45am	Current Affairs	Richard Ryan	DMH
Tuesday	12.30pm - 2.30pm	COMPUTERS - Beginners	Yvonne Toomey	POD
Tuesday	12.00pm - 2.00pm	Mahjong	Audrey Goldberg	LCC
Tuesday	2.00pm - 4.00pm	Exploring Photography (Advanced)	Bill Cooney	POD
Tuesday	2.00pm - 4.00pm	Scrabble	David Pateman	LCC
Tuesday	2.30pm - 4.30pm	Ancient Civilisations	Robin Bliss	DNS
Wednesday	8.00am - 9.30am	Meditation	John Krakowiak	LCC
Wednesday	8.30am - 11.30am	Easy Rider Cycling Group	Marge Angelucci	Tirhatuan Park
Wednesday	9.30am - 11.30am	Walking Group	David Pateman	Ross Reserve
Wednesday	10.00am - 12 noon	Drawing/Water Colours	Ron Gurney/Beryl Potter	LCC
Wednesday	10.00am - 12 noon	Line Dancing - Beginners only	Lorraine Bishop	UCH
Wednesday	12 noon - 2.00pm	Behavioural Science	Thelma Paul	LCC
Wednesday	2.00pm - 4.00pm	Effective Communication Course	Judith Talanoa	LCC
Thursday	9.00am - 9.45am	Exercise Class	Gerry McKellar	LCC
Thursday	9.30am - 11.30am	Gardening	Dick Raymond	KSC
Thursday	9.30am - 11.30am	Philosophy	David Pateman	POD
Thursday	11.00am - 12noon	Tai Chi	Lolita Briones	UCH
Thursday	12.15pm - 2.15pm	Oil Painting (class full)	Pat Stone	EHL
Thursday	12.30pm - 2.30pm	Knitting & Crochet	Lorraine Bishop/Margaret Sheffield	POD
Thursday	1:15pm – 3:15pm	COMPUTERS - iPad/iPhone Workshop	Yvonne Toomey	POD
Thursday	2.00pm - 4.00pm	Social Studies	Audrey Lennon	DMH Main Hall
Friday	8.30am - 11.30am	Cycling Group	Richard Ryan	Tirhatuan Park
Friday	9.30am - 11.30am	Positive Ageing	Nellie Roberts	LCC
Friday	10.00am - 12 noon	Singing Group	June Crowley	POD
Friday	12.30pm - 3.30pm	Oil Painting (Cancelled- restart July?)	John de Blauw	POD
Friday	1.00pm - 3.30pm	Karaoke	Ann Thomson-Buhler	POD
Friday	2.00pm - 4.00pm	Parchment Craft	Angie Barnes	LCC

 2nd. Semester: Mon 23rd July – Fri 23rd November 2018

Key to Venues :

UCH - Uniting Church Hall, Birch Ave., Dandenong
 POD - Paddy O'Donoghue Centre, 18 Buckley St., Noble Park
 DNS - Dandenong North Senior Citizens' Club, Latham Cresc.
 LCC - Latham Cresc. Centre, Latham Cresc., Dandenong North
 DMH - Dandenong Memorial Hall, 10 Langhorne St., Dandenong
 EHL - Endeavour Hills Leisure Centre, R. McMahon Blvd, Endeavour Hills
 KSC - Keysborough Senior Citizens, 352 Cheltenham Rd., Keysborough
 Tirhatuan Park - (Enter Kriegel Way) off Outlook Drive, Dandenong North
 LEX - Lexington Gardens, 114 Westall Road, Springvale

[Melway p90 - B1]
 [Melway p89 - E2]
 [Melway p90 - C1/C2]
 [Melway p90 - C1/C2]
 [Melway p91A - E7/F7]
 [Melway p91 - D5/E5]
 [Melway p89 - D9]
 [Melway p81 - F8]
 [Melway p79 - H9]



Worms in My Bed

For three weeks I had worms in my bed. Well, actually only two weeks, the first week they were eggs waiting to be hatched in a lidded shoe box. The electric blanket was on the lowest setting.

The poppy seed size eggs were bombyx mori or you may know them as silkworms. They are really caterpillars which eat only mulberry leaves. They begin life incredibly small, black and hairy and immediately start eating mulberry leaves leaving tiny pin holes in the leaf. After one week they lose their hairs and begin to appear white. There are also other varieties that are white with black stripes called zebras and another that is black with white stripes called tigers. Their skin is shed four times over the next five to six weeks whilst lying in boxes in the lounge room in front of the TV continually eating. No wonder they are so fat! They don't crawl out of the boxes.

When they are fat enough about the size of my thumb or short fingers they spin a cocoon of continual silk thread about one kilometre long. After hiding in their warm home for two to three weeks, they morph into a white moth and dissolve the thread to make an escape tunnel. The next two weeks they won't eat or drink but only mate, lay eggs and then die. Its life cycle is now complete. The female can lay about 300 eggs on paper which will be kept in the fridge until next spring when it is warm enough and the deciduous white mulberry tree is in leaf. They can eat leaves from the black mulberry but the silk is not quite as good.

In the commercial world, the worm is not allowed to pupate and eat its way out. The cocoon is boiled or steamed to kill it so that the continual silk thread is not broken. About six cocoons are reeled off and twisted together to make a thread that you would use to sew or embroider. The left over 'worm' is eaten by the workers as a delicacy. To make a lady's scarf would take 30 cocoons and a man's tie 150. Parachutes used to be made of silk as it is incredibly strong and light weight. Now they are made of nylon.

This is my three month hobby. About eight years ago I read a library book by Monnie Fenner called Keeping Silkworms. It is now out of print. A year later I planted a white mulberry tree and it takes up half of my backyard. With hindsight I would have purchased a weeping variety so that I can reach the leaves. This is my fourth attempt but haven't completed the cycle yet as they are very sensitive. Two years ago I took them to the U3A barbecue. On the way home I called into a shop and stayed longer

Over/

than expected. They 'cooked in the car'. Lesson: Never leave your babies in the hot car. This last year I took them to the Dandenong Show when they had just started spinning. They died the next week. They must have caught a bug.

I also spin wool from a sheep's fleece. Silk is often added to wool to give a beautiful sheen, hence my interest. Two years after planting my tree, at a wool spinning meeting in Carlton North I unexpectedly met Monnie Fenner now in her 90's. About four years ago I got around to reading my family history compiled in part by my brother. I already knew I was a sixth generation Australian from convict stock but guess what? John Schofield – a career criminal – was a silk weaver. He was assigned to a farmer for good behaviour on the boat to Australia. He made good, married the farmer's daughter, bought up cattle properties now known as Schofields where bike races are held at Eastern Creek, Sydney, NSW. No, unfortunately it's no longer in the family.

Lorraine Bishop



Tai Chi Class

This semester has gone quickly and this is my opportunity to thank all participating members for their continued interest and support. Hopefully in return what we are doing in Tai Chi class is somehow beneficial to all, physically, mentally and emotionally. Besides getting familiar with everyday Tai chi sessions we also try to practice sets of Qigong/Shiloashi movements accompanied by inspiring music the like of Elvis Presley, Andre Rieu, and Enya etc.

We included a session of CPR unfortunately the facility we are using does not provide AED equipment that U3A provides in other facilities.

Special thanks to Gill Sladen and Maria Villaroel for being my back-up tutors when I am away. Sharing their talents is very much appreciated. The feedback is so great that the class will be in good hands when I'm not there.

Have a good remedial break everyone

Lolita Briones

Maria Villaroel and I have conducted the Tai Chi classes whenever Lolita has been away on a holiday. As we both are fairly new to Tai Chi, on these occasions, I have done a warm up session at the beginning followed by Maria who has done Brain Gym.

We would like to thank all those who attended our classes. We are grateful for the positive feedback you have given us after each session. It isn't easy getting up on stage but it has certainly been made easier by your friendship and thanks.

Gill Sladen



Extra-curricular Activities

Inter-faith Tour

Ten tickets booked for the Inter-faith tour on the 8th August. Put your names down at U3A office, pick up some information and pay your \$25 (includes lunch). You will be going to Greek Orthodox (Dandenong), Jewish (St Kilda) & Hare-Krishna (Albert Park) centres of worship.

Moorabbin Airport Museum Tour

We still want some names for this tour. This is on 24th August, 10.30am. \$7 entrance fee.

Barbara Walker

3D Printing

Negotiations are afoot but depend on funding. Keep in touch with the office when the class is announced.

Synchrotron News

Once again, it's a given that this intriguing facility will be open to the public on only one day, probably in October, if funding is granted. Don't miss such a chance to visit. The big S is not far away and the experience is free! Super Science in action!!

Audrey Goldberg



Robotics

- A tiny taste

For 3 consecutive Wednesday evenings at Dandenong Library, 8-12 members participated in an extra class organised by Audrey Goldberg in April.

The class was run by Dandenong Neighbourhood House and free to senior citizens. Our tutor for the sessions was Ali, a paid staff member of Neighbourhood House, but as he said, paid for class time not preparation time.

Ali was assisted by some wonderful work placement students and volunteers.

The volunteers are Jaimee, studying a Diploma of Community Services at Chisholm, Frankston. She is in her 1st year and her aim is to get into Child Protection.

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There is Na, a student at Federation Uni studying her Masters of Social Work and her aim is to be a Community Social Worker.

Moutusi is a Bangladeshi who has not long arrived in Australia. She is not studying at the moment as her husband is and when his study is done she will return to study to hopefully have her current qualifications recognised in Australia. Moutusi has a Degree in Mass Media and Journalism, specialising in Journalism.

Aldin is also attending the same course as Jaimee.

The course itself gave us a few fun and interesting hours. We looked at 3 different programs on the computer to teach us 3 very different ways of programming.

The first program was called Lightbot - featuring a little man called Lightbot who we programmed to move around and turn tiled floor lights on, moving through many levels of difficulty. Everyone achieved this on the first night, and then we had a brief look at what was to come.

The second program was Lego Mindstorms – in this part we set directions to make our Lego machines move around the desk. This was very exciting and fun to see the actions we programmed actually work. Putting objects in the way for them to go around and then coming back to the start (in some cases). The volunteers had spent hours making up the robots for us to use. We did spend a short time at the beginning of week two learning how they went about it.

The third program was called Scratch; Scratch is a cartoon Cat and he did some on-screen dancing along with other sprites that we could add. We could put it to music (except the library computers weren't set up to play), change the background and play around with the animated characters. It is possible to make an entire cartoon session but would take a long time, which we didn't have.

Each week we began by going back over some of the previous weeks work then moving on.

Thank you, Audrey for organising and to Ali, and his team of volunteers, for showing us the way.

We look forward to Ali's offer to run for us, a basic 3D printing course, soon. This course will be in the day time at the Neighbourhood House - 34 King Street, Dandenong. Watch out for this one.

Raylene Curtis



Wool! Wool!

There are lots of knitters and crochet whizzes at work for the homeless, etc. You can leave any spare wool at the office or at Latham Crescent Centre on a Monday, Tuesday or Wednesday morning. We'll find a use for it – label it for Audrey.

Audrey Goldberg



Line Dancing for Beginners

This is a **teaching** class for those who know nothing and those who just enjoy moving to music and being social. We have about 20 dance routines to our repertoire and 25 plus students which includes 6 males. We dance for 1 hour, have a 'tea break' when we chit chat for ½ hour, then return to the dance floor for our favourites for the last half hour.

Absolute beginners are given a 'step sheet' which explains how the different steps are made. This is not the choreography of any particular dance – we have to remember that part and that's when our brain is stretched to remember. Then when we think we've got it, we end up facing a different wall and do the routine again. That's where we go astray. Even the teacher can't always remember which foot to start on. We have many laughs together.

Just turn up on Wednesdays at 10 am, Birch Street, North Dandenong Uniting Church Hall. The ownership of the building has changed to the Anglican Church so maybe by the time you read this the signage will also have changed.

We have a team of teachers who can take over when necessary such as when beginners are taken aside for a little extra attention.

Lorraine Bishop & Melissa Braganza



Spanish

This semester we have been very busy with our lessons and activities. We enjoyed fantastic Andes Music with its original instruments like Zampoña, Palo de Lluvia and Quena. We also enjoyed the music of Leo Rojas and Placido Domingo's song "El Condor Pasa".

Henri R. Palles wrote and illustrated a beautiful children's story in Spanish.

Over/

(Spanish continued)

We all appreciated the voluntary cooperation of our participants who instructed us in different procedures:

- + Lolita Briones demonstrated how to perform CPR and Verissimo Fernandes supported her in this role.
- + Also Sandra Aguiar explained how to use the Defibrillator.

I owe them my infinite gratitude for making my class more interesting.

Thank you ladies and gentleman for your enthusiasm, effort and dedication during the Spanish lessons.

I wish everybody a relaxing holiday

Gloria Skalicka

El Topo y la Ratita

Story and illustration by Henri R. Palles

Una noche, una pequeña ratita estaba paseando dentro de una casa vieja y encontro un topo llorando.

¿Señora topo, porque lloras?

Nosotros nos refugiamos aqui porque con esta lluvia, todos los terrenos estan inundados de agua.

¡Pero señora topo, si aqui estan bien!
No se llueven y tiene una mesa con sillas y ademas un horno para calentarse y cocinar.

Si, pero no tenemos nada para comer ni madera para quemar.

No se preocupe por eso.
Yo vivo atras, en la panaderia y con mis cincuenta hijitos y va a ver que en cinco minutos vamos a traer todo lo que le falta, madera, pan, platos, vasos y una sorpresa para el desayuno de su familia.

Cinco minutos despues, una armada de ratitas invade la casa de los topos, venian con sus brazos cargados hasta los ojos.

La madre topo, ahora llorando de alegria, pregunta a la ratita.
Y cual es la sorpresa?

Mira sobre la mesa lo que tenemos. Es todo lo que se necesita para hacer un pastel y yo te voy ayudar.

Y asi se pasaron el resto de la noche en la cocina las dos vecinas haciendo el pastel, diciendo bromas y riendo como locas.
¡Que cosa tan hermosa es la amistad!

A story for my Spanish class:

The Mole and the Mouse

A mouse at night, walking inside an old house, meets a mole crying.

Lady Mole, why are you crying?

We are refugees because with this heavy rain all the lands are flooded with water.

But madam Mole, you're fine! It does not rain here and you have a table with chairs and also an oven to heat up cook.

Yes, but we have nothing to eat and no wood to burn.

Do not worry about that, I live just behind this wall in the bakery with my 50 children and you will see that in five minutes we will bring everything you need, wood, bread, glasses and a surprise for your family breakfast.

Five minutes later an army of mice invade the mole's house, their arms loaded up to their ears.

Look over the table what we have. It's all you need to make cake, and I'll help you.

And this is how the two neighbours spent the rest of the night, making cakes, saying jokes and laughing like crazy.

What a beautiful thing is friendship!

H.R. Palles





Easy Rider Cycling Group

As we enter winter some of our rides have been cancelled due to wet weather. Otherwise we have had some beautiful days with a very good attendance – up to 12 people, all very pleasing. We usually cycle around 30 kilometres with the all-important morning tea break at the half way point. With winter upon us, a few people are heading off to warmer weather or on overseas trips. The remainder will stay true to cycling and turn up even if the morning is frosty. Great comradeship being the catalyst I think.

We completed a “special ride” on Anzac Day, cycling in to the City along the Scotchman’s Creek Trail, Gardiners Creek Trail and the main Yarra trail. We returned along the same route to where we had left our cars in Forster Road Mt Waverley. All off road cycling – it’s amazing where the trails will take us.

Please note: Prospective cyclists must contact me to ascertain where our rides will start from, as the start point varies from week to week.

Marge Angelucci

Friday Bike Group



Back row, left to right – Ronald Blackwood, Steve Morris, David Purdon, Gary France, Richard Ryan
Front row, left to right – Kevin Fincham, Craig Gliddon, Margot Schumacht, Marj Dowie. Photo was taken by fellow cyclist - Elizabeth Kwok



Computer Courses & Workshops - Semester 2, 2018

Come and try out the U3A Windows 10 laptops this semester by joining one of the Computer Courses or bring your own laptop to use in class. If you bring your own then please bring the power cable and, whether you use our laptop or your laptop a USB memory stick, notebook and pencil could well be useful.

❖ **Beginners Class**

A six week course designed to teach the basics.

Learn to open an application, create a file, save a file, use a mouse, manage windows, files and folders, and how to use a word processor.

New students must attend week 1. Please bring your own laptop, with power cable, mouse and a small USB stick.

- Next class starts 24th JULY, and will run Tuesday, 12.30 – 2.30 pm.

Tutor: Yvonne Toomey

❖ **Apple iPhone/Ipad Workshop**

Welcome back, everyone!

This Apple iPhone/iPad workshop is a walk-in class because everyone has a different problem using their gadget.

However, we sometimes discuss and share information in a social friendly atmosphere. But please remember to bring a pen and a notebook; it helps to write notes down so that you remember the answer to your question! Also, you can ask **Siri** or **Mr. Google** and it always has the answer to your problem!

- Workshop runs on Thursdays, 1.15pm – 3.15pm.

Tutor: Yvonne Toomey

❖ **Windows 10 / Microsoft Word / Microsoft Excel / Internet and Email Workshop**

Attendees can expect a fresh topic each week and the opportunity to ask questions about their own Windows PC / laptop. This is your opportunity to bring up anything that you want to ask about Microsoft products. Unanswerable questions will be researched and, if answers found, dealt with the following week.

- Next class starts 23rd JULY, and will run on Mondays, 1.15pm – 3.15pm.

Tutor: Clive Gould

❖ **Microsoft PowerPoint**

Learn to create multimedia presentations using Microsoft PowerPoint. It allows you to create and show slides to support a presentation. You can combine text, graphics and photos to create presentations of, for instance, your travels or even life stories. This course will allow you to work at your pace through learning activities and exercises. This is 4 week course.

- Next course starts 23rd JULY, and will run on Mondays, 10am – 12noon.

Tutor: Alan Stevenson



To All Valued Members of U3A Dandenong

Those who have been part of this wonderful organisation over time are aware of just as valuable are the friendships and the fellowship gained through U3A.

The newcomers have not yet realised how much they in turn will benefit from being U3A members. We meet people and form friendships which lead us into otherwise unexpected fields. Common interest in a subject lets us join together with people who would otherwise never have met, but who can soon become good and valued friends.

We would all wish to have U3A continue in the same way as it has been doing in the past, but those who must do the organising and the required paperwork, and attend to the business of the office, as well as perform all the other small but important “duties” *DO NEED* assistance.

These people are all getting older and each may have their own personal problems and requirements to deal with, as well as keeping U3A going as efficiently as it does.

It means a great deal to have someone offer to give a couple of hours of their time, if a number of new volunteers could come forward.



It would allow our “old hands” to reduce their own considerable hours, while at the same time guiding the new ones into the processes.

The problem of “*never having had experience with office work...*” is no problem at all because you are guided, and you don’t have to do much more than answer phones. The hours are short, but the benefits to both the volunteer and to U3A cannot be over emphasized.

As with most Clubs and organisations, the Management Committee is getting older, there must be new members to help keep things alive. As there will be over 400 members left without their U3A activities If we don’t **DO SOMETHING** soon, and come forward with help for the present committee and office people; - please consider what **YOU** can do to keep U3A alive for the future; - “many hands make light work”, so I hope that some “hands’ will soon come forward.

Yours sincerely,
Pat Stone

For Erik

Faithful friend of 14 years
I see you sinking low,
It breaks my heart as I realise
It's time for you to go.

We've had great times together
Bonding over many years,
So joyful to see me when I get home
And you'd lick away my tears.

I know you're full of aches and pains,
Not eating as you should;
You can hardly walk, your legs are splayed
And I know you are not feeling good.

So when we go to the vets today
And you gently go to sleep;
I'll cuddle you in my loving arms
And weep, and weep and weep.

I've had many dogs since I was small
Eight, nine, ten or eleven;
There are so many memories we can share;
There are so many memories we can share
When we all meet again in Heaven.