



The Newsletter of U3A Dandenong Inc.

Paddy O'Donoghue Centre, 18 Buckley St., (P.O.Box 209) Noble Park, 3174

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~ mid-Year 2016 ~

* President's Message *

Hello Everyone.

Here is our 2nd Newsletter for 2016.

You may not be aware \sim but this will be our Winter Newsletter, as from now on we will only be producing two newsletters a year.

Our next one will be near the end of 2nd Semester, about 10th November 2016, for Summer.

We will be sending copies by e-Mail to those members who have notified our Office, and we also will have printed copies available thru the Office at P.O'D., and it is expected that Class Monitors/Tutors will hand these out at their Classes, so everyone will still be able to have a Newsletter.

I would like all our members to keep talking to as many people as possible about our wonderful U3A Dandenong. We have had over 70 new members this Semester, well done to all, however these numbers do go up and down for many reasons. I am hoping as many as possible of these new members will have attended our "Meet and Greet" morning tea held at Latham Cres. Rooms on, Thursday, 30th June. We now have a U3A Dandenong Promo Film available, showing on the screens at P.O'D and other Dandenong Council offices. We also have a website: dandenongu3a.com, so please check it for me. We are now on FACEBOOK, and once again I would like you all to check this out.

To let all members know: we have a U3A NETWORK, Victoria that looks after us,nearly 110 Branches, 33.000 members. They hold Council meetings, Presidents' meetings and Regional meetings throughout the year. We have two Delegates - A.Goldburg, & D. Pateman (and I) who attend these meetings.

This year the Venue for the Art & Craft Show and AGM has changed and this event will now take place in the Menzies Hall, Menzies Avenue Dandenong North 3175 on the Monday 19th September 2016.

Our U3A AGM will start at 2.00 p.m., all members are WELCOME, and the Art & Craft Show will run from 10.00am till 4.00pm. .

I hope you all have a good rest and break, especially all our TUTORS who have done a great job this Semester, many Thanks to all.

Jim Archibald

Hello from the office of U3A.

Well, we are halfway through the year and looking forward to a nice break.

You might be aware that we have been closing the office all day on Wednesdays.

The reason is, because the tutor who was taking the Movie Maker class on Wednesday morning went overseas so we cancelled the class. It will be back next Semester and we shall be opening the office on Wednesdays until 1.00 p.m.

As there are no classes at The Paddy O'Donoghue Centre in the afternoon there is no point opening.

Also, on Friday afternoons - from 2.00 p.m. - we shall be closed.

The only classes are the Oil Painting and Karaoke classes which finish at 3.00 p.m.

As I am in the office from 9.00 a.m. Fridays, that gives people time to come in for paying fees or putting names down for computer classes &c.

I welcome any feedback on this.

Thank you

Margaret Aggopardi
(Office Manager)

DANDENONG MARKET TOUR

A one Hour Tour - Fridays. 10.00 am Includes free Market shopping bag, \$5.00 gift voucher and food samples.

Expressions of interest on list in office please. (more details to follow if enough interest is shown.)

The Springvale Multicultural Men's Shed

would like to invite any U3A men currently studying a history subject, to join a Tuesday discussion group. It's hoped that we can review topics raised in the classroom and discuss them in an informal

setting, over a cup of coffee. By talking about the issues, we may gain a better understanding of the subject we are studying, as well as enjoy a good argument.

Our shed is situated at the corner of Albert and Balmoral Sts., Springvale.

Anyone who is interested to please contact **Mike Griffiths**, on 0410 528 466.

GARDENING GROUP

We commenced this semester with twenty two members on the list, of which, about sixteen have attended regularly.

During the semester we have had wonderful presentations by Mr Norm Gerraty of the Begonia Society and Mr Rolfe Stok, the head Rosarian from Springvale Crematorium. We thank both gentlemen for their time and effort.

We also attended the magnificent Native garden of Dot and Bob O'Neill in Narre Warren. Bob has won many gardening awards and is accepted as one of the most knowledgeable gardeners in the field of Correas (a.k.a. 'native fuchsias'). We have been invited back in the next semester for a demonstration on propagating. We thank Dot and Bob for their generous hospitality and time also, a very big thank you to Christine Gairdo for arranging the visit.

We also visited three members gardens after our meetings and thank Erika and Miguel, Christine and Lucy for opening their homes and gardens to us.

We look forward to presentations next semester from the Dandenong Orchid Society,
The Victorian Clivia Society and
Dandenong Council Parks and
Gardens.

We would love to welcome any new members or the return of any

former members to boost our numbers.

Gardeners of all levels are welcome and I can assure you that no one should feel out of place.

Finally I would | ike to say the "No Whingeing Rule" is operating beautifully, and would like to thank everyone for the support they have given me this semester and I hope every one of you have enjoyed it as much as I have.

If anyone has a query about our group feel free to ring me on 0414 862 355 at any time.

Dick Raymond



PRODUCTIVE — CREATIVE — GENEROUS

These words apply in drayloads to the substantial output of three of our U3A classes ~

EMBROIDERY, PATCHWORK, KNITTING and CROCHET

Some of the pieces are made by individuals, as they strive to keep alive the skills of plying the needle-and-thread that were such a vital element in putting together the homes most of us grew up in.

Garments, babywear, toys, household embellishments, bedlinen, quilts and knee rugs are the heirlooms made and passed to lucky sons and daughters, their children, and others, on the family tree.

But a closer survey reveals a wider gifting to the needy across the world, bringing acclaim to our U3A and heartfelt thanks to our skilled stalwarts.

The hours and hours of designing and construction give endless pleasure (and warmth!) to both maker and receiver.

Often the beautifully-crafted larger pieces are a team effort, and let's not forget the many other class members who donate materials, thread and yarns into the hands of our busy makers.

Looking at only the last couple of semesters, the knitters and crochet brigade have made 70 odd 'teddy-bears-to-comfort-kiddies' for the Ambulance Service, created a host of Daffodils for Cancer Council drives. (Remember Run for Life?) and busy needles turned out a sea of red poppies for the Anzac Carpet at Fed. Square last year.

Right now some are inventing "extraordinary" tea cosies to be sold for Cancer research. You can see these before they are sold at the Lavender Farm in Quayle Road, Wandin, Yallock, 9th - 17th July, or on the internet at:

www.teacosycompetition.blogspot.com.au

Each is a clever/humorous/Aussie/charming design.

The embroidery group have made teddies and poppies too, and knitted squares to be made into woollen blankets for the homeless here in Australia and overseas.

1000 were flown by Qantas in May 2015 to Nepal the week after the disastrous earthquake that flattened thousands of homes there.

The Patchworkers have made delightful quilts - oh so warm! - and sent them to the Ukraine and other cold countries, and in Melbourne to the Children's Hospital, Casey Hospital and Premature Baby Centres.

The U3A committee has contributed financially to the backing and batting for many of these quilts.

In another area of production the group designs and puts together a huge number of TOPPERS. These are the top layer that a machinist will use as the decorative surface of a new quilt. WAYSS, which is an association working on behalf of abused wives, welcomes these toppers that start off each new article — something beautiful to cherish in a desperate situation.

Salute to our tutors Joan, Lorraine and Margaret, and Ann, and all the makers.

Together they bring great credit to our U3A Dandenong.



22nd ANNUAL GENERAL MEETING 2016

Notes on Election of Management Committee

The rules of the Association require that half (7) of the Management Committee stand down at the Annual General Meeting but are eligible for re-election. This rule applies only to those members elected at the Annual General Meeting and not those appointed by the Management Committee to replace members who have resigned. Those members appointed to replace elected members automatically stand down. This rotates from year to year so that all elected Committee Members would serve a maximum period of two years before seeking re-election.

Committee members elected at the last (21st) AGM will continue for a further year (2017): Cheryl Ayerst, Ulrike Davies, Lorice Lellyett, David Pateman, Beryl Potter, Barbara Walker, Marie Whelan.

This year, members who have completed their two year term and will be standing down are: **James** Archibald, Margaret Azzopardi, Vera Bennett, John Collingwood, Shirley Constantine, Audrey Goldburg, Yvonne Toomey.

All are eligible for re-election.

There are seven (7) vacancies to be filled.

Forms of proposal are available in the office. If you wish to propose a member for the Management Committee, a form of proposal must be completed and returned to the Secretary (via the office) at least seven (7) days prior to the Annual General Meeting.

If more than the required number of Committee Members is submitted, a ballot will be held at the AGM.

If **exactly** the required number is submitted, then those members will be deemed to have been elected and no ballot will be held.

If **less than** the required numbers are submitted, the proposed members will be deemed to have been elected and further nominations will be taken from the floor. These nominations will be deemed to be elected on a "first come, first served" basis.

In the event that the required numbers are still not reached at the AGM, the remaining vacancies may be filled by appointment of the elected Management Committee. Committee positions are decided at the first meeting of the newly elected Management Committee.

Election of the Auditor will be carried out at the meeting where nominations may be made and seconded. If more than one person is nominated, a ballot will be held.

PLEASE NOTE THAT ONLY CURRENT FINANCIAL MEMBERS WILL BE ABLE TO TAKE PART IN ELECTIONS.



NOTICE OF ANNUAL GENERAL MEETING

Members are invited to attend the twenty-second Annual General Meeting of the Association on

Monday, 19th September 2016 at 2.00 p.m.

at

Menzies Hall Menzies Avenue, North Dandenong 3175

Guest Speaker:

Gp Comr GORDON MANNING JP, MSA

who will speak on the Justice of the Peace system and his experiences as a JP.

AGENDA

Item 1	Welcome by Chairperson
Item 2	Apologies
Item 3	Minutes of twentieth Annual General Meeting
Item 4	Matters arising
Item 5	Annual Report – President
Item 6	Financial Report – Treasurer
Item 7	Election of Auditor*
Item 8	Election of Management Committee members *
Item 9	General Business

Close of meeting followed by

Guest Speaker: Gordon Manning, JP

Light refreshments will be provided.

Please support YOUR University of the Third Age by attending this important meeting.

Please retain this agenda for use at the AGM



Dandenong Inc.TIMETABLE FOR 2016 (2nd Semester)

P.O.Box 209, Noble Park, 3174 Ph: (03) 9546-2997 E-mail: u3adandy@froggy.com.au Office Location: Paddy O'Donoghue Centre, 18 Buckley Street, NoblePark, 3174.

DAY	TIME	SUBJECT	TUTOR	VENUE
Monday	9.00am - 9.45am	Exercise Class	Gerry McKellar	LCC
Monday	9.30am - 12.30pm	Cooking	Phyllis Harrison	POD Kitchen
Monday	9.30am - 11.30am	Genealogy	Margaret Watts	POD
Monday	10.00am - 12 noon	Line Dancing	Ann Thomson-Buhler	UCH
Monday	10.00am - 12 noon	Embroidery & Craft	Joan Wilson	LCC
Monday	10.00am - 12 noon	COMPUTERS - Powerpoint	Alan Stevenson	POD
Monday	12 noon - 1.30pm	Medieval History	Anne Maslin	LCC
Monday	12 noon - 1.45pm	Italian Language/2. Beginners	Rita Romano/2. Ivan Gnocato	POD
Monday	1.30pm - 3.30pm	COMPUTERS - Intermediate	Clive Gould/Ronna	POD
Monday	2.00pm - 4.00pm	Monday Music	Ulrike Davies	POD
Monday	2.00pm - 4.00pm	Australian History	Shirley Constantine	LCC
Tuesday	9.30am - 11.30am	-		LCC
Tuesday	9.30am - 11.45am	Current Affairs	Richard Ryan	DCS
Tuesday	10.00am - 12 noon	COMPUTERS - Beginners	Yvonne Toomey/Ronna Jhang	POD
Tuesday	1.30pm - 3.30pm	COMPUTERS - Workshop	Yvonne Toomey/Ronna Jhang	POD
Tuesday	12.00pm - 2.00pm	Mahjong	Audrey Goldburg	LCC
Tuesday	2.00pm - 4.00pm	Exploring Photography (Advanced)	Bill Cooney	POD
Tuesday	2.00pm - 4.00pm	Scrabble	David Pateman	LCC
Tuesday	2.30pm - 4.30pm	Ancient Civilisations	Richard Ryan	LCC
Wednesday	8.00am - 9.30am	Meditation	John Krakowiak	LCC
	8.30am - 11.30am	Easy Rider Cycling Group	Marge Angelucci	Tirhatuan Park
Wednesday		Walking Group	David Pateman	Ross Reserve
Wednesday	10.00am - 12 noon	Drawing	Ron Gurney	LCC
	10.00am - 12 noon	Line Dancing - Beginners only	Lorraine Bishop	UCH
Wednesday		COMPUTERS - Moviemaker	Alan Stevenson	POD
Wednesday	· ·	Behavioural Science	Thelma Paul	LCC
	2.00pm - 4.00pm	Effective Communication Course	Rikki Davies/Nellie	LCC
Thursday	9.00am - 9.45am	Exercise Class	Gerry McKellar	LCC
Thursday	9.30am - 11.30am	Gardening	Dick Raymond	KSC
	9.30am - 11.30am	Philosophy	David Pateman	POD
Thursday	11.00am - 12noon	Tai Chi	Lolita Briones	UCH
Thursday	12.15pm - 2.15pm	Oil Painting	Pat Stone	EHL
Thursday	12.30pm - 2.30pm	Knitting & Crochet	Lorraine Bishop/Margaret Sheffield	POD
Thursday	1.00pm - 3.00pm	COMPUTERS - iPad/iPhone Workshop	Ronna Jhang/Yvonne Toomey	POD
Thursday	2.00pm - 4.00pm	Social Studies	Audrey Lennon	DCS Main Hall
Friday	8.30am - 11.30am	Cycling Group	Bob Lee	Tirhatuan Park
Friday	9.30am - 11.30am	Water Colours	Beryl Potter	LCC
Friday	10.00am - 12 noon	Singing Group	June Crowley	POD
Friday	12.30pm - 3.30pm	Oil Painting	John de Blauw	POD
Friday	1.00pm - 3.30pm	Karaoke	Rob Wood	POD
Friday	2.00pm - 4.00pm	Parchment Craft	Angie Barnes {Sharing	LCC
Friday	2.00pm - 4.00pm	Patchwork Candlewicking and More	Ann Fuller {Sharing	LCC

2nd Semester: Mon 25th July – Fri 25th November 2016

Key to Venues:

UCH - Uniting Church Hall, Birch Ave., Dandenong [Melway p90 - B1] POD - Paddy O'Donoghue Centre, 18 Buckley St., NoblePark [Melway p89 - E2] DNS - Dandenong North Senior Citizens' Club, Latham Cresc. [Melway p90- C1/C2] LCC - Latham Cresc. Centre, Latham Cresc., Dandenong North [Melway p90 - C1/C2] DCS - Dandenong Central Seniors' Club, Langhorne St., Dandenong [Melway p91A - E7/F7] EHL - Endeavour Hills Leisure Centre, R. McMahon Blvd, Endeavour Hills [Melway p91 - D5/E5] KSC - Keysborough Senior Citizens, 352 Cheltenham Rd., Keysborough [Melway p89 - D9] Tirhatuan Park (Enter Kriegel Way) off Outlook Drive, Dandenong North [Melway p81 - F8]

BEGINNERS' LINE DANCING

Mondays 10.00 a.m. and Wednesdays 10.00 a.m at Uniting Church, Birch Ave; Nth Dandenong

Just turn up.

Wear your name badge.

Wear shoes that 'slip', not your regular 'runners' as this type grips the floor and therefore damages your joints.

Give it a whole semester before deciding that it's not for you.

We not only learn the basic steps but go over and over a section of the dance routine until we 'get it', before moving on to the next part.

When learning a new dance it will often take thirty minutes plus.

We usually learn one dance a month and brush up on others, or revise previously learnt dances.

This is not only physical exercise but for us it is also brain-training.

Lorraine Bíshop & Melissa Braganza.



We continue to have good attendance in both groups, 'though a few find the cold mornings a struggle and a few are away enjoying sun elsewhere.

The groups are so helpful in assisting with setting up and clearing away after the class, and thanks go to the Wednesday afternoon group for putting away tables and chairs. It is much appreciated.

Today we celebrated (?) the Queen's birthday with small circuits, completing 90 exercises at each circuit (five circuits in all), so a good workoutbut wait ~ there's more: this was followed by an abs circuit — another 90 there!

We have also done some "air boxing" which gives everyone a great cardiac workout.

This all may sound like too much for some, but everyone joins in with what they can manage. There is no pressure (I hope), just encouragement to 'do the best'.

Spaces remain in the Thursday group.

Gerry M Kessar

SENIOR TEENAGER.

I am a Seenager (Senior Teenager)

I have everything that I wanted as a teenager, only 60 years later.

I don't have to go to school or work.

I get an allowance every month.

I have my own pad.

I don't have a curfew.

I have a driver's license – and my own car.

I have ID that gets me into bars and the wine store. (I like wine store best.)

I don't have acne!!

Life is good!

The people I hang around with are not scared of getting pregnant.

They aren't scared of anything, they have been blessed to live this long, so why be scared?

Also you will feel much more intelligent after reading this, if you are a seenager.

Brains of older people are slow because they know so much.

People do not decline mentally with age, it just takes them longer to recall the facts because they have more information in their brains. Scientists believe this also makes you hard of hearing as it puts pressure on your inner ear.

Much like a computer struggles as the hard drive gets full, so too, do humans take longer to access information when their brains are full. Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for.

It is NOT A MEMORY PROBLEM, it is nature's way of making older people do more exercise.

ENJOY BEING A SEENAGER

(Anon)

MEDIEVAL HISTORY CLASS

Going back in history is like entering Dr Who's Tardis.

We are entering another place and time.

Why do we do that? It helps us appreciate what we have now \sim things that are taken for granted, like electricity, technology, medicine.

It also helps us examine what is arguably the most important aspect of our life in Australia — our democracy, our freedom, our justice system. All of these aspects of our lives, which we take for granted, have gradually developed over time.

So what was life like back in the Middle Ages?

In our class we have looked at how the language in England changed from Celtic, to Roman to Anglo-Saxon. Then the Normans invaded, the aristocracy spoke French, the Church spoke Latin and the people spoke (Old) English. The Civil War in the time of the Anarchy brought a break-down in ordinary life, some people starved while the lords were fighting each other. Castles proliferated.

A stable country proved elusive until King Henry II stabilized the judicial system. Unfortunately his quarrel with the Church ended in the assassination of Thomas Beckett, Archbishop of Canterbury.

Queen Eleanor of Aquitaine, his wife, was a strong woman who supported Henry for a time, but then sided with her sons in rebelling against him.

She went on to support her son, King Richard the Lionheart and raised his ransom which amounted to a huge fortune, when he was captured by his German cousin on the way back from the Crusades.

Her other son, King John, was forced to sign Magna Carta - "The Great Charter" - arguably the foundation of our present judicial system. He died soon after losing the Crown Jewels in the mudflats of the Wash, running away from those barons.

The class also looked at the Christian Crusades ~ from the Muslim perspective.

The complex background to the different invasions of the Holy Land was examined, who was the dominant ruling group at the time, their interaction with each other and the outcomes for Europe.

After two hundred years of Crusades the Christians lost control and were fighting each other. Sadly, after eight hundred years it is still an unsettled area.

Some good things were brought back to Europe by the Crusaders such as Gothic architecture, Greek, Latin and Arabic textbooks, mathematics and of course the Arabic numeral system we use today.

So, back into the Tardis, next term, to look at the thirteenth century, King Henry III, and the three Kings Edward.

Anne Maslin

EASY RIDER CLASS

Notwithstanding travel plans or illness, our happy bunch of cyclists show up each Wednesday.

We had two "special rides" during the term. One during the Easter school holidays took us along the Bayside Trail. We cycled from Dandenong to Mordialloc, all off road, then along the Bayside Trail to Rickett's Point for our morning tea stop.

Thanks to the cold wind, the trail was almost free of people walking dogs, or children on roller blades, &c.

These can be a cyclist's worst nightmare. I guess they think the same of us cyclists!

It was an enjoyable ride as we noted changes to the residential and commercial landscape and took in seaside views. Our Bayside Trail ride ended at Port Melbourne.

We then followed the Light Rail Trail into the C.B.D. and caught a train back to Dandenong.

Approximately 55 km cycled in total, of which 95% was on dedicated cycle paths or shared cycle/foot paths.

It takes the knowledge of experienced riders and some "brain work" to link it all up, which is all part of the fun.

The arrival of chilly mornings has seen us bring out our winter woollies, but has not dampened our enthusiasm.

Marge Angelucci

Knitting Nations & Happy Hookers

Thursdays, 12.30pm at P.O'D.

For the experienced, it is often more chatting and laughing and they only ask for help when stuck. For beginners, in either knitting or crocheting, it is one-on-one with patient tutors.

Just turn up with 8 ply (DK, sports weight), plain, light coloured yarn, and either 4mm needles or 4mm hook with a flattened grip.

We've just completed our charity project for the year, by making tea cozies for the Cancer Council, which was delivered in July

Margaret Sheffield & Lorraine Bishop.

LATHAM CRESCENT UNDER ATTACK!

Is there an award for perseverance?

Our resident Australian Noisy Mynah should get one!!

He is there every day to attack his own reflection in the glass, seeking to "frighten off the enemy".

This species of bird has decimated the small bird population of Eastern Australia.

The conundrum is: What can we do about a native bird that is so destructive?

An eminent bird journalist, Sue Taylor, has written a telling article on the subject - you'll find it at http://www.abc.net.au/rn on Ockham's Razor, or borrow a copy from the office.

This text is very informative, but there is no answer to the problem as yet.

Audrey Goldburg

A Bone of Contention

Most Clubs and large organisations (like U3A) are composed of four types of bones:

- 1. The **Wishbones** ~ who spend time wishing that someone would get the job done.
- 2. The **Jawbones** ~ who talk a lot and have little time left to do anything.
- 3. The **Kneebones** ~ who knock every progressive idea.
- 4. The **Backbones** ~ who take the load on their shoulders, and get on with the job.

Which one are **you**?

Mah Jong Thrives

Do you know how to play?
You'll be most welcome!

Don't know how to play?
You'll be most welcome!

We are seeking more members to make up our playing groups of fours.

We've got all the gear - tables and Mah Jong sets. Make the effort and you will be rewarded.

Tuesdays 12.00 noon - 2.00 p.m. at Latham Crescent

Sign in at the office for Semester 2. Ring 9546 2997.

Audrey Goldburg

Karaoke Group

We continue to have great fun every Friday singing our favourite songs.

The addition of songs from the '70s & '80s to the already comprehensive list of '50s & '60s means we have well over 2000 selections..... something for everyone!

We must thank Ann for stepping in and running the group while Louise had another stay in hospital. Ann did a great job and we all appreciate her commitment.

We continue to see our friends from The Bridge pop in for a listen & look each Friday.

If you feel like a break and would like to come and watch and listen or join in, pop in and meet us. We are in the main hall at Paddy O'Donoghue Centre each Friday from 1.00pm to 3.30pm.

A bit of history: Top songs of 1964 - "She loves you." (Beatles), "I want to hold your hand." (Beatles), "I saw her standing there." (Beatles), "Twist & Shout." (Beatles), "Can't buy me love." (Beatles), "A Hard Day's Night." (Beatles), "I should have known better." (Beatles), "All my loving." (Beatles), "Viva Las Vegas." (Elvis), "How do you do it?" (Gerry & The Pacemakers), "Poison Ivy." (Billy thorp & The Aztecs). Most of these songs are available in our karaoke.

New artists appearing in 1964: The Animals, Merv Benton, Cilla Black, Dave Clark Five, Ray Columbus & The Invaders, Herman's Hermits, The Hollies, The Honeycombs, The Kinks, Dinah Lee, Little Pattie, Manfred Mann, Peter & Gordon, P. J. Proby, Rolling Stones, Dusty Springfield, The Supremes, Billy Thorpe, The Zombies, Dionne Warwick.

What a year!

Rob Wood

Your online community is just a click away

www.seniorsonline.vic.gov.au











President: James Archibald

ABN 86 401 693 866

Secretary: Lorice Lellyett

Organisation Address:

Paddy O'Donoghue Centre

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MEMBERSHIP RENEWAL

(It would help us if you would please PRINT your personal details.)

Title:	Family name: 2 nd initial:
	Please fill in your current class so that we can issue your name badge. Current class:
Personal deta	ils (only if changed):
	Address:
	Phone: (Home)
	(Emergency)
	(Mobile)
	Email: Please tick box if you do not wish to receive the newsletter by email.
NOTE: In cases of se form, you are	rious injury or sudden illness, it is our policy to call an ambulance. In signing this renewal agreeing to be responsible for the cost of any ambulance transportation you may need.
Member's Sign	nature:
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